

## List of Ingredients

### **Melba Toast 60% Whole Wheat**

**Ingredients:** Whole wheat flour, wheat flour, oat hull fibre, sugar, sunflower oil, salt yeast, caramel colour.

**Contains:** Wheat. **May contain:** Soya and sesame seeds. Baked in a nut free/peanut free facility.

### **Barrie's Cracked Wheat Crackers**

**Ingredients:** Enriched wheat flour, cracked wheat, sunflower oil and dehydrated vegetable and seasoning blend (carrots, onions, dextrose, salt, celery, corn starch, red bell pepper, tomatoes, green bell pepper, onion powder, autolyzed yeast extract, calcium silicate), sugar, fructose-glucose, salt, ammonium bicarbonate, sodium bicarbonate, sodium metabisulphite, protease.

### **PC Little Penguins Whole Wheat Cheddar Snack Crackers**

**Ingredients:** Whole grain whole wheat flour, enriched wheat flour, cheddar cheese (milk, bacterial culture, salt, calcium chloride, microbial enzyme), canola and sunflower oil (contains rosemary extract), yeast, salt, ammonium bicarbonate, natural flavour, sugar, baking soda, onion powder, spice, natural colour, enzymes, sodium acid pyrophosphate, corn starch, monocalcium phosphate, calcium sulphate. May contain sesame.

### **Multi-Grain Cheerios**

**Ingredients:** Whole grain gluten-free oats, whole grain corn, sugar and/or golden sugar, corn starch, brown rice flour, corn bran, whole sorghum flour, whole millet flower, refiner's syrup, salt, calcium carbonate, trisodium phosphate, monoglycerides, caramel and annatto colour, tocopherols.

**Vitamins and minerals:** Iron, folate, niacinamide, calcium pantothenate, pyridoxine, hydrochloride (vitamin B6).

### **All-natural Applesnax (Apple and Peach)**

**Ingredients:** Apples, water, peach puree concentrate, natural flavor, ascorbic acid, beta-carotene.

### **All-natural Applesnax (Apple and Strawberry)**

**Ingredients:** Apples, water, strawberry puree concentrate, natural colour, natural flavor, ascorbic acid.

### **All-natural Applesnax (Apple and Field Berries)**

**Ingredients:** Apples, water, blueberry puree, raspberry puree, strawberry puree concentrate, natural colour, natural flavor, ascorbic acid.

### **Granola bars: Apple Berry**

**Ingredients:** Granola cereal (whole grain rolled oats, modified milk ingredients, soybean oil, whole grain wheat flakes, brown sugar, hone, fancy molasses), sugar/glucose-fructose, crisp rice (rice flour, sugar, salt, calcium carbonate, barley malt extract, distilled monoglycerides), dried apple, dried cranberries (cranberries, sugar, sunflower oil), soya lecithin, sorbitol, salt, glycerol, guar gum, citric acid, natural flavours

### **No Name Stringable Cheese, Marble**

**Ingredients:** Partly skimmed milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride (may be present), annatto.

### **Yoplait Yogurt Tubes**

**Ingredients:** Skim milk fortified with vitamin d3, sugar, cream, modified corn starch, whey proteins, agar, locust bean gum, carrageenan, guar gum, natural flavours, active bacterial cultures, natural colours.

### **Danone Yogurt**

**Ingredients:** Skim milk, sugar, modified milk ingredients, cream, fruits (peaches, strawberries, raspberry puree), modified corn starch, water, pectin, natural flavours, natural colours, active bacterial cultures, lemon juice concentrate (peach only), sodium citrate (raspberry only), vitamin D3.  
Made with vitamin D fortified skim milk.