# ST. AGNES EDUCATION CAFÉ

#### Small Talks on Big Topics

## Difficult People, Dysfunctional Families & Broken Relationships

From Hurt to Healing: Loving & Forgiving Our Way Through It All

#### Presented by Fr. Michael King

Diocese of Hamilton

#### **About the Event**

"But I say to you, Love your enemies, do good to those who hate you...". "If you love those who love you, what credit is that to you? For even sinners love those who love them."

"Be merciful, just as your Father is merciful." (Luke 6)

Fresh from our Christmas gatherings & heading to Family Day, we can sometimes struggle with the challenge of loving those we are in conflict with, especially in our families. We might feel that only *our* family could possibly be *this* dysfunctional & its complex, fractured relationships will never heal! We can be faced with difficult relationships in many areas of our lives, whether in our families, workplaces or beyond, continually challenging us to love & forgive. When the hurtful behaviour continues & the attempts to mend are continually met with hard hearts, how do we find healing? And how do we love despite it all, as we are called to do?

"... If the Word truly dwelt among us, then he was part of a family that, like most, was fairly dysfunctional, a mix of the good and bad, the saintly and the sinful, the glorious and the not so glorious. And this is such good news for us!" - Bishop Robert Barron

### Sunday January 28<sup>th</sup> St. Agnes Parish • 2:00 - 3:30 pm

75 Bluevale St N, Waterloo • 45 minute talk + Q&A and Refreshments • Complimentary